

Dawn's favorite **MEATLOAF MUFFINS**

Ingredients

- 1 lb ground beef
- 1 box stovetop stuffing
- 2 egg whites
- 1 cup water

Instructions

1. Mix all ingredients in a bowl
2. Spray muffin tin with non-stick cooking spray
3. Divide mixture into 12 muffin tins
4. Bake 30-40 minutes, until cooked through

Pre-heat oven: 350